

## Grocery Shopping...How it works!

### **Step 1.**

This grocery list is a basic template for you to complete, detailing your grocery needs, quantities, brand preferences and any other relevant information. Each time you use it, just fax or e-mail your list directly to us. Don't see something you need let us know we're add it to our list.

### **Step 2.**

We will do your grocery shopping for you (at your preferred supermarket, if requested), deliver it to your home and if instructed, unpack it for you.

### **Step 3.**

The next time you need your grocery shopping completed, we will provide you with a grocery list based on your previous shopping list, so you can simply make changes or additions when necessary. We can also stop by your home or place of business to discuss and determine your needs.

# Total Concierge Grocery List

Please find attached your copy of the Total Concierge Grocery Shopping Template. You will only need to complete this list once. Please provide as much information as possible regarding your grocery needs, quantities, brand, etc. In the future, we will provide you with a personalized shopping list, so that you may make changes or additions when necessary.

## Do you have preferred grocery suppliers?

Supermarket: \_\_\_\_\_  
(Name/Brand) (Location)

Other: \_\_\_\_\_  
(Name/Brand) (Location)

What are your delivery requirements? Weekly \_ Daily \_ As requested \_

Preferred delivery: \_\_\_\_\_  
(Day) (Time)

Would you like us to unpack your groceries? \_\_\_\_\_

Your Name: \_\_\_\_\_

Address: \_\_\_\_\_

City & State: \_\_\_\_\_

Phone: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Please detail delivery arrangements eg. house address, key and security access, drop off point if not unpacking, pets etc.: \_\_\_\_\_

\_\_\_\_\_

Further Information: \_\_\_\_\_

\_\_\_\_\_

Please note: we will be flexible to your needs. Let us know if your shopping needs and/or delivery requirements change. Feel free to contact us if you need help completing this form, or any time in the future. Here at Total Concierge, We do it 4-U!



O	Product	Brand/Notes	Size	Qty	O	Product	Brand/Notes	Size	Qty
	<b>BAKING:</b>					<b>DELI:</b>			
	flour					turkey			
	sugar					ham			
	oil/shortening					roastbeef			
	extracts					cheese			
	vinegar								
	cake mix								
						<b>BREADS:</b>			
						sandwich bread			
						rolls			
	<b>SNACKS:</b>					muffins			
	cookies					baguette			
	crackers					buns			
	crackers					tortillas			
	peanuts								
	pretzels								
	granola bars								
	salsa								
	chips					<b>FROZEN FOODS:</b>			
	cereal					vegetables			
						bread			
						dinners			
						burritos			
	<b>DAIRY:</b>					potatoes			
	milk					fruit			
	half and half					ice cream			
	yogurt					pies			
	cream								
	cottage cheese								
	eggs								
	sour cream					<b>BEVERAGES:</b>			
	cream cheese					coffee			
	butter					tea			
	cheese					cola			
						water			
						juice			
						wine			
	<b>MEAT:</b>					beer			
	bacon								
	sausage								
	pork								
	beef								
	fish								
	chicken								

O	Product	Brand/Notes	Size	Qty	O	Product	Brand/Notes	Size	Qty
	<b>BABY CARE:</b>					<b>MISC:</b>			
	baby food					paper towels			
	diapers					bathroom tissue			
						batteries			
						sun screen			
						tanning oil			
	<b>PET CARE:</b>					magazines			
	dog food					greeting cards			
	cat food					flowers			
	treats					charcoal			
	cat litter					lighter fluid			
	shampoo								
	bird seed								
	<b>PERSONAL CARE:</b>					<b>STORAGE/ETC:</b>			
	sanitary					foil/waxpaper			
	cosmetics					paper plates			
	toothbrush					ziploc			
	toothpaste					kitchen utensils			
	mouthwash								
	soap								
	razors					<b>Other:</b>			
	deodorant								
	shaving cream								
	shampoo								
	conditioner								
	hair care								
	hair spray								
	body wash								
	medicines								
	<b>CLEANING:</b>								
	mops/brooms								
	bleaches								
	dish detergent								
	laundry detergent								
	fabric softener								
	cleaners								
	air fresheners								
	candles								